



EMERGENCY PREPAREDNESS

SEVERAL MONTHS AGO, WE HIRED A CONSULTANT TO UPGRADE OUR EMERGENCY PREPAREDNESS PLAN FOR THE TWO DAMS LOCATED IN HARBISON AT ARCHERS LAKE AND WOOD-CROSS LAKE. THIS PLAN OUTLINES THE VARIOUS STEPS TO BE TAKEN WHEN HEAVY RAINFALL OCCURS.

FRIDAY MORNING BEFORE THE HEAVY RAIN FELL, DHEC ISSUED AN ALERT FOR THE COLUMBIA AREA. WITHIN MINUTES, HCA EMPLOYEES SCOTT LYNCH AND BRUCE MIKE (SEE PHOTO BELOW) TOOK STEPS AS REQUIRED IN OUR PLAN TO LOWER THE WATER LEVEL IN BOTH LAKES. AS WE NOW KNOW, MANY DAMS FAILED IN THE SURROUNDING COLUMBIA AREAS BUT BOTH OF THE HCA EARTH DAMS HELD STRONG - AND NO DAMAGE OCCURRED. OTHER EMPLOYEES AND CONTRACTORS RESPONDED AS REQUIRED WITH THE FINAL RESULT THAT THE COMMUNITY CENTER ONLY EXPERIENCED SOME WATER IN ONE OF OUR ROOMS THAT IS PARTIALLY BELOW GRADE, WITH NO DAMAGE REPORTED. BESIDES A FEW FALLEN TREES, THE AREAS WITHIN HARBISON WERE SPARED - AND WE ARE GRATEFUL!



HCA EMPLOYEES LOWERING WATER LEVEL"



"CONTRACTORS REMOVING TREE FROM LAKE"

EMERGENCY PREPAREDNESS AT HCA DOES NOT APPLY ONLY TO OUR LAKES / DAMS, BUT TO AN OVERALL APPROACH TO PROTECT PROPERTY - EMPLOYEES - MEMBERS AND VISITORS. FOR EXAMPLE: WHEN A BOIL WATER ADVISORY WAS ISSUED BY THE CITY OF COLUMBIA, HCA TOOK THE PROTECTIVE STEPS TO CLOSE THE COMMUNITY CENTER, RATHER THAN RISK THE POSSIBILITY OF WATER BORNE DISEASES BEING CONTACTED THRU SHOWERS, BATHROOM FACILITIES OR DRINKING FOUNTAINS.

AT HCA, WE STRIVE TO OFFER QUALITY SERVICES FOR OUR MEMBERS - AND THAT INCLUDES PROACTIVELY - REVIEWING AND UPGRADING PROCEDURES TO ADDRESS EMERGENCIES.

DAVE GROVE

HOLIDAY CLOSING

November 26 - Center Closed for Thanksgiving

December 24 - Center Closes at 2 pm

December 25 - Center Closed for Christmas

December 26 - Center Opens at 2 pm

December 31- Center Closes at 2 pm

January 1, 2016-Center Closed for New Year's

January 2 - Center Opens at 2 pm

Executive Corner Comments

Harbison Community Class Schedule

TIME	CLASS	ROOM	TIME	CLASS	ROOM
MONDAY			THURSDAY		
9:30-10:30 am	Aquacise I	POOL	9:30-10:30 am	Aquacise I	POOL
9:30-10:30 am	Sit and Get Fit	MPR	9:30-10:30 am	Harbison Cardio	MPR
10:30 - 12 am	Senior Programs	MPR	10:45 - 11:45 am	Aquacise II	POOL
10:45 - 11:45 am	Aquacise II	POOL	10:45 - 11:45 am	Easy Yoga	MPR
10:45 - 11:45 am	Easy Yoga	MPR	10:45 - 11:45 am	Tai Chi	MPR
12:00 - 1:00 pm	Aquatic Arthritis Exercise	POOL	12:00 - 1:00 pm	Aquatic Arthritis Exercise	POOL
6:00 - 7:00 pm	Kenpo	MPR	6:00 - 8:00 pm	Tai Kwon Do	BR
6:00 - 8:00 pm	Tai Kwon Do	MPR	6:15 - 7:15 pm	Water Aerobics	POOL
6:15 - 7:15 pm	Water Aerobics	POOL	6:15 - 7:15 pm	Tone and Fit	MPR
			7:30 - 9:00 pm	Akido	BR
TUESDAY			FRIDAY		
9:30-10:30 am	Aquacise I	POOL	9:30-10:30 am	Aquacise I	POOL
9:30-10:30 am	Harbison Cardio	MPR	9:30-10:30 am	Sit and Get Fit	MPR
10:45 - 11:45 am	Aquacise II	POOL	10:30 - 12:00 am	Senior Programs	MPR
10:45 - 11:45 am	Yoga Chair Stretch	MPR	10:45 - 11:45 am	Aquacise II	POOL
12:00 - 1:00 pm	Aquatic Arthritis Exercise	POOL	10:45 - 11:30 am	Zumba Gold	MPR
6:15 - 7:15 pm	Tone and Fit	MPR	12:00 - 1:00 pm	Aquatic Arthritis Exercise	POOL
6:00 - 8:00 pm	Tai Kwon Do	MPR	7:00 - 9:00 pm	Flamenco	BR
7:30 - 9:00 pm	Akido	BR			
WEDNESDAY			SATURDAY		
9:30-10:30 am	Aquacise I	POOL	9:00 am - 10:00 am	Tone and Fit	MPR
9:30-10:30 am	Sit and Get Fit	MPR	10:30 - 11:30 am	Deep Water Aerobics	POOL
10:30 - 12:00 am	Senior Programs	MPR	10:00 - 12:00 pm	Kenpo	MPR
10:45 - 11:45 am	Aquacise II	POOL			
12:00 - 1:00 pm	Aquatic Arthritis Exercise	POOL			
6:00 - 7:00 pm	Kenpo	MPR			
4:30pm - 6:30pm	Fencing	MPR			

*Senior Programs - Please see monthly calendar for description

MPR - Multipurpose Room

BR - BLUE ROOM

Harbison Traveled News

COMPUTER RESOURCES AVAILABLE FOR MEMBERS

HCA IS ADDING UP TO FOUR COMPUTERS IN THE CONFERENCE ROOM THAT ARE AVAILABLE TO MEMBERS TO USE - TO WRITE LETTERS, DO HOMEWORK, ETC., WITH ACCESS TO THE INTERNET. FOR THOSE MEMBERS UNFAMILIAR WITH COMPUTERS, HCA STAFF WILL BE GLAD TO PROVIDE INSTRUCTIONS AND ASSIST IN PRINTING. CONTACT OLIVIA BUSTER AT 803-781-2281 IF YOU HAVE QUESTIONS.

OLIVIA BUSTER - EVENT MANAGER

DAVE GROVE ANNOUNCED THAT OLIVIA BUSTER WILL FILL THE NEW POSITION OF EVENT MANAGER WITH RESPONSIBILITIES FOR DEVELOPING - IMPLEMENTING - FOLLOW UP, ETC., OF EVENTS PERTAINING TO SENIORS, SPECIAL CAMPS AND ALL OTHER PROGRAMS (EXCEPT AQUATICS). OLIVIA CONTINUES TO ASSIST THE EXECUTIVE DIRECTOR AND THE BOARD OF DIRECTORS, COORDINATES HUMAN RESOURCE ACTIVITIES INCLUDING PAYROLL, WEB SITE AND NEWSLETTER ADMINISTRATION, ASSISTING IN THE FINANCE OFFICE AND AT THE FRONT DESK. CUSTOMER REPRESENTATIVE RAY BENLOSS PLUS A FUTURE PART TIME ASSISTANT WILL REPORT TO OLIVIA.

SHE MAY BE CONTACTED AT OBUSTERHARBISONCOMMUNITY.COM

Senior Trip to Fall Greek Festival 2015

HARBISON WANTS TO GREET, MEET, AND TRAVEL!



This coupon is good for one (1) free session in any exercise class offered at Harbison Recreation Center.

Expiration: DECEMBER 1, 2015

Call 781-2281 for class schedules and more information.

One coupon per person!

Staff Initials:

NO PHOTO COPIES ACCEPTED



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Instructor/ Program Events

FLAMENCO CLASSES

Flamenco is a dance from Spain and is expressed using hand clapping, finger snapping, and foot stomping coordinated to form a rhythmic dance . Residents \$10.00 per class /Non- Residents \$12.00 per class.

EVERY FRIDAY 7-8PM

Instructor " Margarita" & Flamenco Guitarist "Osvaldo".



HARBISON TENNIS

Tennis interest has picked up because HCA has its own Professional Certified Instructor who is giving tennis lessons and conducting " Free Tennis Clinics" Which are open to all age groups and skill levels. Participants can now receive Developmental and advanced tennis instructions- and Harbison has rackets for beginners!

For more information on hours/rates, contact the instructor at 803-960-8171 or email techniquetennis@gmail.com.

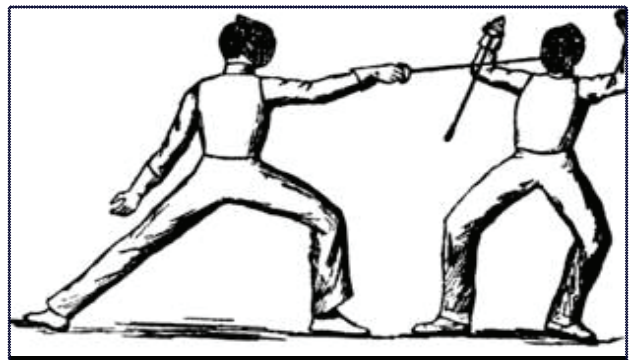


FENCING

Have fun learning the footwork and blade actions of this dynamic Olympic sport. Fencers enjoy many benefits including exercise , health and fitness, mental focus, tactical thinking , social opportunities, competitive challenge, recreation, personal growth, and theatrical appreciation.

For more information on hours and rates contact fliers are located at the Recreation Center! SIGN UP NOW!

Call 803-781-0056 or email www.columbiafc.com.
Instructor: Dr. Jane Littman



Harbison Events on the Go!



CHARLOTTE CHRISTMAS SHOW

Thursday, November 19 Cost: \$15
(lunch not included) Depart at 8:30am
Get into the holiday spirit, and get a jump on your Christmas shopping at the 12 Days of Christmas show. Held at the Park Conference & Expo Center, downtown Charlotte. Pre-registration is required. There is limited space.

SENIOR CHRISTMAS DINNER

December 4, 2015 6:30-9:00pm
Join us for a lovely catered dinner, dessert and live music. Don't forget there will be lots of door prizes! Call 803-781-2281 to register now! Limited space available - \$5 per person



WREATH MAKING CLASS SESSION

December 6th, 2015- \$15.00 per participant -We hope everyone will enjoy making their very own beautiful seasonal wreath with their own supplies. We're going to have such a great time! Space is limited, please call 803-781-2281 to register. - \$15 per person.

Harbison Upcomings



BLOOD PRESSURE CHECKS

First Wednesday of every month
9-11am November 4th & December
2nd, 2015. Given by Hospice Advantage

HALLOWEEN DANCE

Friday, October 30 6:30p-9pm Food,
Drinks, Live Music and prizes! \$5.00 per
person! Call 803-781-2281 to register!



FREE LADIES SELF DEFENSE CLASS

November 1 @ 9am-1 pm Richland County's
Sheriff's Department is offering a free Ladies
Self Defense Class. Limited space available.
Call 803-781-2281 to reserve your spot.

INDOOR COMMUNITY YARD SALE

Saturday, November 14 - 7 am-1 pm
If you would like to be a vendor, Call
803-781-2281 to reserve your spot.
Maximum 2 spaces per vendor.
\$5 w/out table - \$10 with table.



SENIOR LUNCHEON

December 9 @ 12:15 pm
Please sign up at the front desk to bring a
side dish to share and enjoy the company of
new and old friends.

Harbison Road Trips



WINE TASTING TRIP

Thursday, November 12, 2015

Join us as we head to Newberry for a wine tasting event - \$7.00 per person. You will taste a sample of all 8-10 available wines. We will stop for lunch at Mig's of Newberry. We will depart @ 10:00 am.



General Center Information



HARBISON COMMUNITY ASSOCIATION :

COMMUNITY CENTER HOURS

Monday-Friday 6 am- 9 pm
Saturday 8 am- 6 pm
Sunday 1 pm- 6 pm

PERSONS WITH DISABILITIES

Access for disabled persons is provided to each level of the Recreation Center. In addition, a special ladder for entry into the pool is available as is a hydraulic lift for individuals requiring special assistance. Information about access is available at the front desk.

Must be 18 and older to enter in the cardio or weight room.

Must have ID to access center- \$5.00 dollars if lost.

COMMUNITY CENTER OFFERS

INDOOR POOL

- HEATED
- 25 METERS, 6 LANES
- CLASSES AVAILABLE FOR SMALL FEE

JACUZZI & SAUNA

- JACUZZI FOR AGES 16 AND UP
- SAUNA FOR AGES 18 AND UP
- LOCATED ON THE POOL DECK

BABY POOL

- FOR AGES 6 AND UNDER
- OPEN SEASONALLY

RACQUETBALL COURT

LIGHTED TENNIS COURT

WEIGHT ROOM/CARDIO ROOM



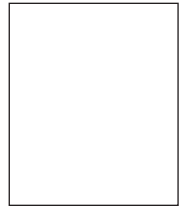
**HALLOWEEN DANCE OCTOBER 30TH,
2015 - MORE INFORMATION ON PAGE 6**



Return Address Name

123 Street Avenue
Town, South Carolina 29000

www.whatever.net



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Health Insurance is provided by a third party, or covered under, or through a group-term life insurance policy, which is issued by a third party and is not a contract of insurance. The above information is for informational purposes only. Please consult your agent for more information.

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and
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email Events@GreaterIrmoChamber.com**



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